



superior heat and cold retention
unmatched *performance*

The Best Hot & Cold Plunge Pools



SwimEx Hot and Cold Plunge Pools are designed to create the ultimate recovery and revitalization environment for athletes.

The cold plunge pool's chiller system keeps water temperature at a therapeutic 50°F to help control joint inflammation and enhance muscle recovery.

The hot plunge pool is adjustable up to 104°F, ideal for heating large body parts and decreasing muscle spasm.



Sectional designs are available for tight installations.

Built to last and easy to maintain, SwimEx Plunge Pools are made from superior fiberglass composite. Our proven design formula sandwiches a balsa wood core between layers of fiberglass, resin and gelcoat for an indestructible tank wall, superior heat and cold retention and unmatched beauty. The standard plunge pools are white with waterline color tile to match your team colors with the team logo tile included. Custom appearance options are also available.

Both units come pre-plumbed with spa jets, a cover, filtration system, and either a heater or chiller. The free-standing and self-supporting structures can be installed in-ground or above ground. There are four basic sizes (see back for specifics) or design a custom plunge pool.



*ultimate recovery
& revitalization*

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Sizing Options and Specifications

TANK SIZE	DIMENSIONS	WATER DEPTH
Small	7'9" x 7'9" x 56.5"	3'6"
Medium	7'9" x 9' x 56.5"	3'6"
Large	7'9" x 12' x 56.5"	3'6"
Extra Large	7'9" x 14' x 56.5"	3'6"

- 2 HP pump for jets
- 3/4 pump for filtration
- Cartridge filter
- Entry rails
- Accent tile color choice
- Split main drains
- Split suctions for jet pump
- Floating thermal blanket
- Either chiller or heater
- Split Chiller

Custom Plunge Pools: Fiberglass construction allows for custom sizes and layouts to satisfy specific rehab requirements.

