

# Performance. Wellness.

Exceptional therapy and plunge pools since 1986.



SWIMEX

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[swimex.com](http://swimex.com)

1-800-877-7946





# Why Choose SwimEx?

Our mission is to provide superior hydrotherapy pools, swim spas, and plunge pools that **exceed customer expectations** through technologically advanced design and manufacturing.


For more than 35 years, our experienced staff has helped thousands of clients successfully incorporate hydrotherapy into their training and treatments. Let us help you realize the benefits of this ideal tool.

Chosen by professionals worldwide, SwimEx pools are the **most versatile and effective hydrotherapy pools on the market** for rehabilitation, recovery, and training.

Harness the power of water for positive outcomes.







**“ We have had tremendous results in treating our athletes in the SwimEx pool. Not only has it helped speed the recovery of America’s injured athletes, it also offers tremendous benefits in athletic training. Many of our athletes run and swim against the current, which gives them an incredible workout. ”**

**BOB BEETAN**  
DIRECTOR OF SPORTS MEDICINE, UNITED STATES  
OLYMPIC COMMITTEE



# The Power of Water



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# SwimEx Advantages

- 01** Easy to maintain fiberglass construction with a balsa wood core for superior temperature retention and durability.
- 02** Free-standing shell for above ground, in-ground, and semi in-ground installations.
- 03** Independent performance zones for treating multiple clients in one session.



- 04** Standard sizes or customize lengths, depths, and interior layout to meet specific treatment goals & room design..
- 05** Accommodate all ability levels: from frail patients to competitive athletes.
- 06** Pool-wide current acts as second pair of hands to support clients during treatment.



- 07** Customized interiors: add treadmills, stairs, benches, and deep water zones.
- 08** Adjustable paddlewheel water flow circulates up to 25,000 gallons (94,635 liters) of water per minute in a smooth, river-like current.
- 09** Multiple water depths help clients successfully progress from non-weight bearing to weight bearing protocols.





# Built to last & easy to maintain

## A PROUD HERITAGE

With over half a century of experience in bringing state-of-the-art fiberglass products to the market, the SwimEx legacy is one of high performance and unparalleled quality.

## SOLID FIBERGLASS CONSTRUCTION = HIGH QUALITY AND LOW MAINTENANCE

Made from superior fiberglass composite, SwimEx pools have the same durable construction as high performance fiberglass boats. The SwimEx **fiberglass process sandwiches a balsa wood core between layers of fiberglass and resin, with a gelcoat finish** that results in an indestructible pool wall that is built to last.



## FEATURES

- Pools are free-standing for installation versatility.
- The balsa wood core provides insulation for superior temperature control.
- Gelcoat interior finish acts as a barrier against moisture absorption and inhibits algae growth.
- Interior walls clean easily and there are **no liners to replace**.
- All walking surfaces have a non-slip application for safety.

## THE BEST WARRANTY IN THE INDUSTRY

- 10 years on the structural integrity of the unit
- 5 years on gelcoat
- 2 years on paddlewheel, seals and bearings





# Developed by pioneers in fiberglass with a vision



**EVERETT PEARSON**  
SwimEx Founder

Fiberglass pioneer Everett Pearson was originally recognized for introducing the first fiberglass production sailboats with the company he co-founded in 1957-Pearson Yachts. In 1986, Pearson bought the paddlewheel patents from two MIT engineers. He married his 30 years of design experience and fiberglass expertise with the paddlewheel technology and founded SwimEx.

For over 50 years, Pearson and his staff have been involved with top-of-the-line products, including J-Boat sailboats and the classic Alerion yachts. The Pearson family and staff have worked on a number of other 'next generation' products through their fiberglass-related companies such as bus and electric car prototypes, wind turbine blades and specialty fabrication projects for Disney theme parks.

SwimEx is now a stand alone company owned and operated by Everett's daughter, Suzanne P. Vaughan.



**SUZANNE VAUGHAN**  
President

## SWIMEX GOALS

- Assist clients to find the best pool exceed their treatment goals
- Unsurpassed construction quality
- The most powerful water current
- Successful hydrotherapy outcomes
- Superior customer service



# Benefits of using a SwimEx pool

## A LEADER IN INNOVATION

SwimEx offers **a complete isokinetic aquatic therapy workout, ideal for training, conditioning and injury rehabilitation.** The deep, steady current, combined with built-in flexibility enables extremely tailored programs. Choose a model with wide open space to drop in your own workout tools such as a treadmill or cycle, or choose the versatility of inset floors and multiple workstations for targeted exercise. Create any protocol for any patient.

**Physical Therapists** trust SwimEx because patients feel safer, start therapy sooner, recover faster, and get the most out of their exercise.

**Athletic Trainers** use SwimEx to get athletes back in the game faster and keep them conditioned as they rehabilitate and exercise.

**Gym and Swim Club owners** use SwimEx to boost revenue, diversify their programs, and increase membership.



## PROVEN OUTCOMES

- Improved power, speed & agility
- Improved posture, alignment & stability
- Increased range of motion & flexibility
- Improved balance & coordination
- Reduced muscle pain & spasm
- Increase neurological stimulation
- Eases ambulation
- Reduced joint stress
- Improved muscle strength & endurance
- Reduced swelling





**“ With the paddlewheel, the entire body of water is moving pretty much at the same rate, and it feels much more natural, and you can focus on your own body and what you're doing with your body in the water. ”**

**ELIZABETH ASCH**  
OWNER AND FOUNDER OF RIVER VALLEY CLUB

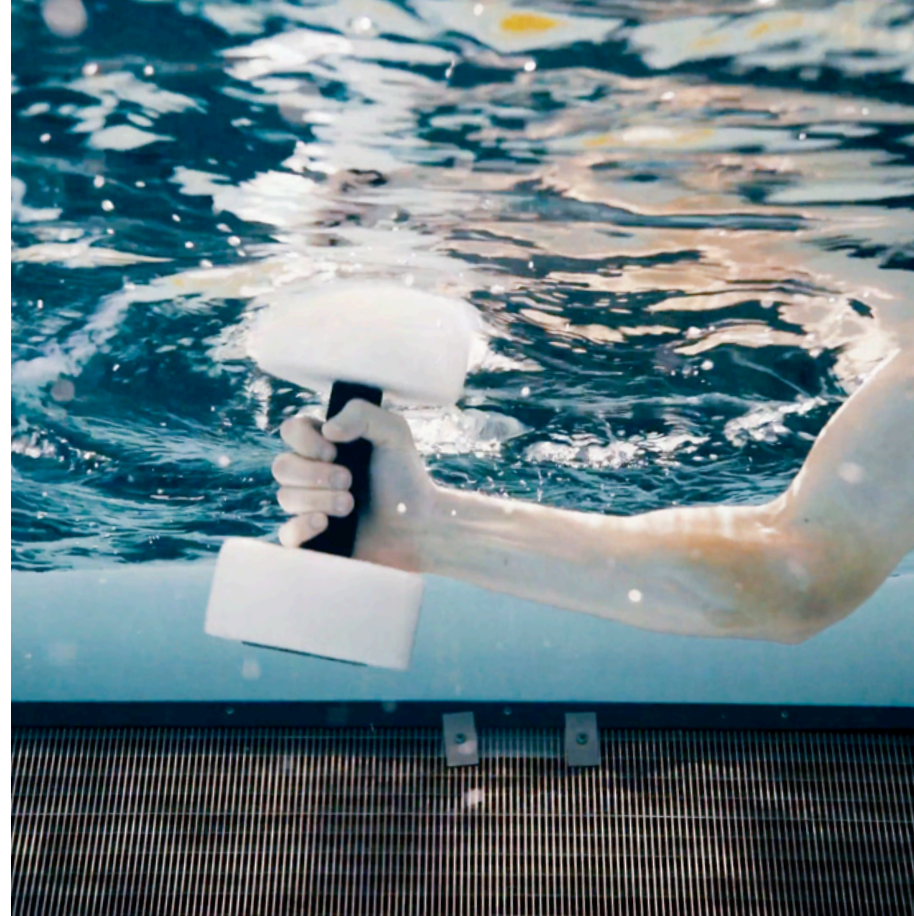
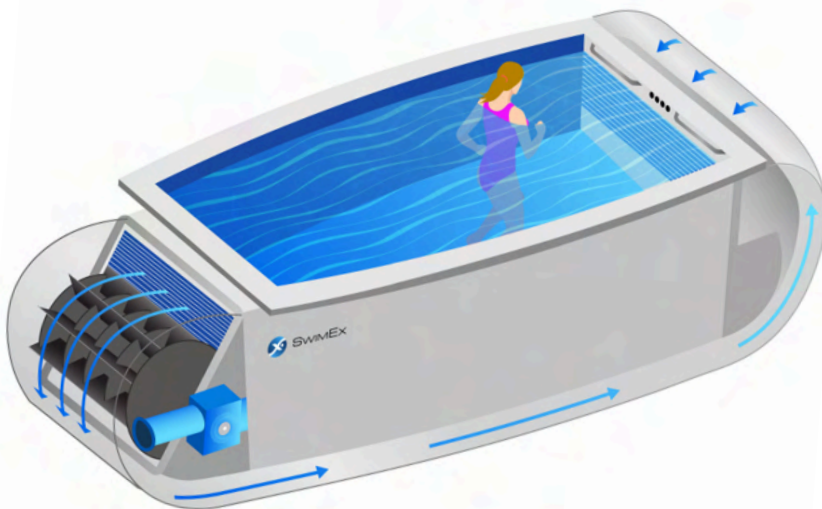


# SwimEx Paddlewheel Current

The paddlewheel water system combines power and performance for the most advanced resistance current on the market.

Designed by MIT engineers, **the system pulls water to the rear of the pool, propels it through tunnels under the pool, then pushes it through a front grille.**

Whether you're a professional athlete seeking rigorous training, a physical therapist helping clients, or a fitness enthusiast looking for a versatile workout, our state-of-the-art resistance current provides unparalleled performance.



## KEY ADVANTAGES

- Paddlewheel delivers a pool-wide water current that is smooth, even, and deep.
- Circulates 25,000 gallons (94.635 liters) of water per minute. No other pool comes close.
- With 100 speeds, the water current is strong enough yet gentle enough for a patient in acute recovery stages.





**“ It’s great to have the ability to work in different depths. Whether I’m working on my knees and a child is standing, or I’m standing in five-foot-deep water and the child is on a two-foot-deep platform, having that flexibility with the SwimEx pool is very helpful. They come in the water to play, but they’re really doing a lot of therapeutic work. ”**

**BILL SHAUGHNESSY**  
PHYSICAL THERAPIST AT HASBRO CHILDREN’S HOSPITAL



# Pool Models



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# Flat Bottom Pools

Flat bottom pools offer wide open work areas and the flexibility to drop in equipment or add a parallel bar. Depending on depth, a variety of non-weight bearing activities are possible.



## TRITON

- Entry level price point
- Hydrotherapy jet system with up to 12 jets (includes 2 hp pump and controller)
- Open floor area with ability to add shallower depth or deep area
- 50" (1.27m) water depth
- Optional Integrated Treadmill
- One-piece construction

## 400 OT AND 480 T

- Paddlewheel water current
- Open area to treat multiple patients at the same time
- 42" (1.1m)- 400 OT or 48" (1.2m) - 480 T water depth
- 4 underwater observation windows
- One piece (400 OT) or four-piece design (480 T)

## 800 T

- Paddlewheel water current
- 66" (1.67m) water depth
- Open workspace with increased depth
- Add additional floor depth: 42" to 60" (1.07m to 1.72m)
- Optional integrated treadmill
- 4 underwater observation windows
- Four-piece design
- Optional performance zone layout

# Performance Zone Pools

Workstation pools are great for rehab and sports conditioning, and come with benches, running pad, angled plyo pads, floor inserts, and the option to add an integrated treadmill.□



## 500 OT & 500 T

- Paddlewheel water current
- Smallest with the most versatility
- Multiple depths - 50", 38" and either 62" or 72" (1.27 m, .96m, and either 1.57m or 1.87m)
- Workstations and angled running pad
- Integrated treadmill can be added at 50" (1.27m) depth
- One piece and four-piece designs available

## 600 T

- Strongest paddlewheel water current
- Two water depths: 60" (152 cm) & 48" (122 cm)
- 8 colored workout stations
- Optional integrated treadmill
- Angled running pad for stationary running
- 4 underwater observation windows
- 6 built-in tethering ports
- Four-piece construction

## 500 OT & 600 T DEEP WELL

- Includes 62" (1.57m) deep well, or optional 74" (1.87m) deep well, all floor pieces are removable.



# Combination Pools— Flat Bottom and Performance Zones

Customize size, depth and performance zones to support with your organization's needs.



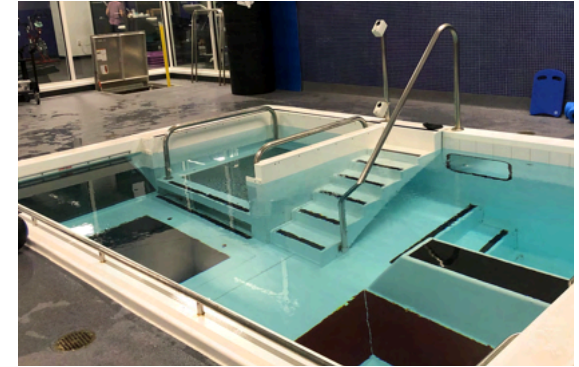
## 800 T WS

- Paddlewheel water current
- Multiple floor heights: deep section at 66" (167.6 cm) and optional workstations at a depth of 42" to 60" (107 cm to 153 cm)
- 6 colored performance zones
- Optional integrated treadmill
- 4 underwater observation windows
- Four-piece construction




## 1000 T

- Paddlewheel water current
- Water depths include 72" (183 cm), 60" (152 cm), 48" (122 cm)
- Exercise bench
- Plyometric pads in 5' (1.52 m) deep area
- Angled Running Pad
- Optional integrated treadmill
- 4 underwater observation windows
- Four-piece construction



## 1500 T

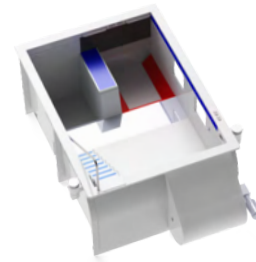
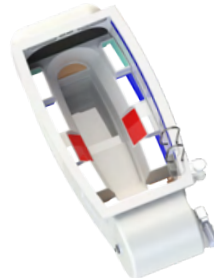
- Paddlewheel water current
- Water depths include 72" (183 cm), 60" (152 cm), 48" (122 cm)
- Exercise bench
- Plyometric pads in 5' (1.52 m) deep area
- Angled Running Pad
- Optional integrated treadmill
- 4 underwater observation windows
- 4' x 5' zero entry work station lift
- Five-piece construction

A man with dark hair is swimming in a pool, creating a large splash of water. The pool's edge is visible with a white tiled border and a black sign that reads "STOP-BAY".

**“ When we were looking at the SwimEx pool, we saw it had other options other than just the treadmill. It has the deep well, which we can get total non weight bearing athletes in there moving. So that was a strong attraction. And also the plyometric planks. So as an athlete is advancing in the rehab and getting stronger outside the tub, we can start to get them moving more in sports specific type exercises. ”**

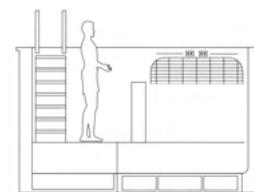
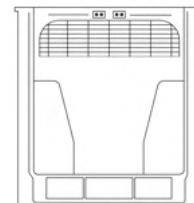
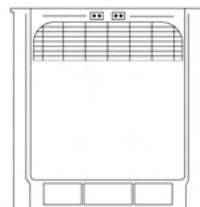
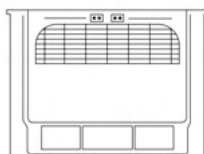
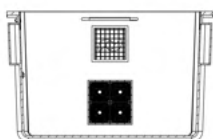
**DAVE MACLUTSKY**  
**ASSOCIATE HEAD ATHLETIC TRAINER AT UMASS AMHERST**



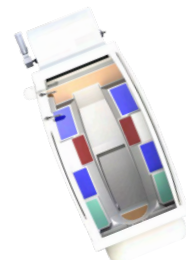
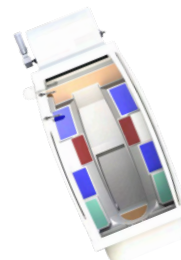
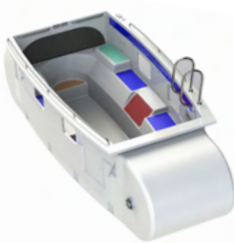
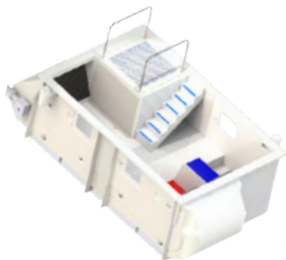


### FLAT BOTTOM POOLS

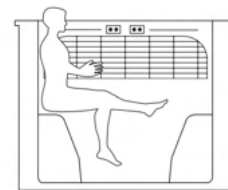
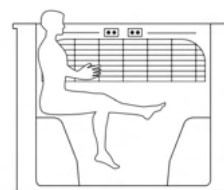
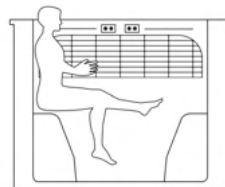
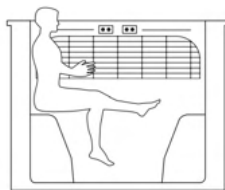
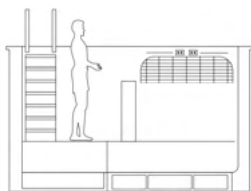
### FLAT WITH ZONES



MODEL	TRITON	400 OT/480 T	800 T	800 WTS	1000 T
WORKSTATIONS	Yes	No	No	6 Zones	9 Zones
WATER DEPTHS	50"	42"/48"	66" (optional 42" - 60")	66" (optional 42" - 60")	48", 60", 72"
MINIMUM SPACE	240 sq. ft	240 sq. ft	240 sq. ft	240 sq. ft	450 sq. ft
MULTIPLE DEPTHS	Yes	No	Yes	Yes	Yes
DRIVE SYSTEM	5 hp	5 hp	7.5 hp	7.5 hp	7.5 hp
WATER DIMENSIONS	14'4" x 6'7"	11'9" x 6'3"	11'9" x 6'3"	11'9" x 6'3"	14' x 10'
TREADMILL OPTION	Yes	No	Yes	Yes	Yes
DEPTH OF FLOW	18"	28"	30"	30"	30"
EXTENSIONS	N/A	N/A: 2' (max of 3)	3'	3'	2' (max of 4)
DIMENSIONS (L X W X H)	19'3"x7'7.5"x5'	18'x7'7"x5'	18'4"x7'8"x7'10"	18'4"x7'8"x7'10"	11'5"x21x7'
		480 T: 18'x7'8"x5'10"			




## FLAT WITH ZONES



## PERFORMANCE ZONE POOLS

MODEL	1500 T	500 T/500 OT	500 OT DW	600 T	600 T DW
WORKSTATIONS	10 Zones	8 Zones	9 Zones	8 Zones	9 Zones
WATER DEPTHS	48", 60", 72"	38"/50"	38", 50", 62" or 74"	48", 60"	48", 60", 72" or 84"
MINIMUM SPACE	486 sq. ft	240 sq. ft	240 sq. ft	240 sq. ft	240 sq. ft
MULTIPLE DEPTHS	Yes	Yes	Yes	Yes	Yes
DRIVE SYSTEM	7.5 hp	5 hp	5 hp	7.5 hp	7.5 hp
WATER DIMENSIONS	16"x10"	11'9"x6'3"	11'9"x6'3"	6'3"x11'9"	6'3"x11'9"
TREADMILL OPTION	Yes	Yes	No	Yes	Yes
DEPTH OF FLOW	30"	28"	28"	28"	28"
EXTENSIONS	2' (max of 3)	N/A	N/A	2' (max of 3)	2' (max of 3)
DIMENSIONS (W X L X H)	23'x11'5"x7"	18'x7'7"x5'	18'x7'7"x(varies)	17'7"x7'8"x5'10"	17'7"x7'8"x(varies)



A photograph of an indoor swimming pool. The pool is rectangular with a white tiled deck and a blue tiled interior. A person is swimming in the pool, creating a splash. The background wall is made of grey stone tiles and features a series of hexagonal light fixtures. To the right, there is a glass door leading to a shower area. The ceiling is made of wooden slats. The overall atmosphere is clean and modern.

**“ It’s a perfectly sized pool that accommodates lap swimmers without taking up a lot of space. The water current offers adjustable settings that I can easily program from one session to the next. I can always find just the right setting to challenge residents of any ability. ”**

**CAMILLA SABAN  
WELLNESS COORDINATOR, PLYMOUTH PLACE**



# Standard Features & Options



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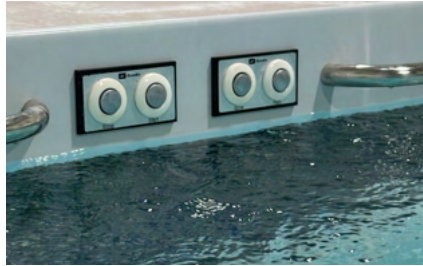
# Standard Features

All SwimEx pools come with these standard features. We build each pool to your exact specification to provide the ultimate hydrotherapy pools and superior customer service. SwimEx features and options provide the greatest value and versatility.

## FRONT & SIDE HANDRAILS



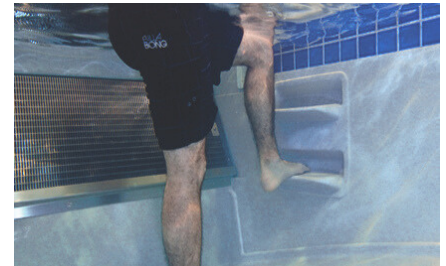
## AIR BUTTONS TO CHANGE WATER SPEED



## REAR STOP BAR FOR EMERGENCY SHUTOFF



## RECESSED STEPS FOR EASY ACCESS



## WATERLINE TILE COLOR OPTIONS



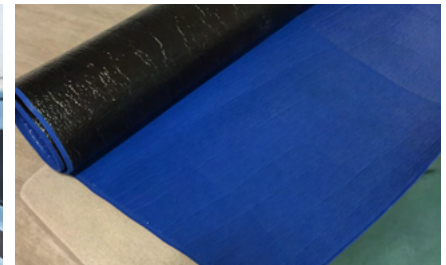
## FLOOR INSERTS FOR A VARIETY OF DEPTHS



## UNDERWATER VIEWING WINDOWS



## FLOATING THERMAL BLANKET



## PLUS:

Every SwimEx pool comes with a **four-part aquatic therapy video series** and a **protocol book with 32 sample exercises** for common injuries. You'll also receive a **technical and educational in-service at your facility** once installation is complete, so your team feels confident putting your SwimEx to work from day one.

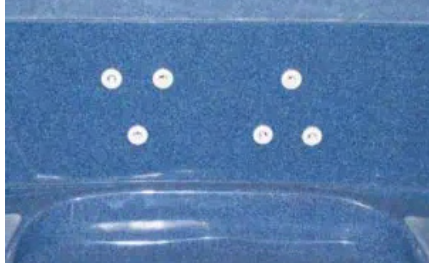
## EDGE MONITOR



# Options Available

Tailor your pool to fit your needs with these custom options.

## MASSAGE JETS FOR ADDED THERAPY



## MASSAGE WAND FOR TARGETED THERAPY



## PERSONALIZED LOGO OPTIONS



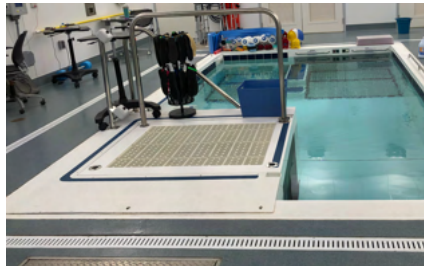
## INTEGRATED MOTORIZED TREADMILL



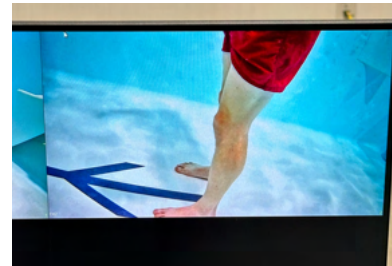
## STAIRS (INCL W/1000 T, 1500 T & TRITON)



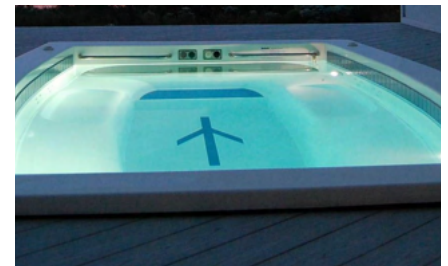
## ZERO ENTRY LIFT



## UNDER WATER VIDEO CAMERA



## UNDERWATER LED LIGHTS



## OZONATOR OR WATER UV SYSTEM



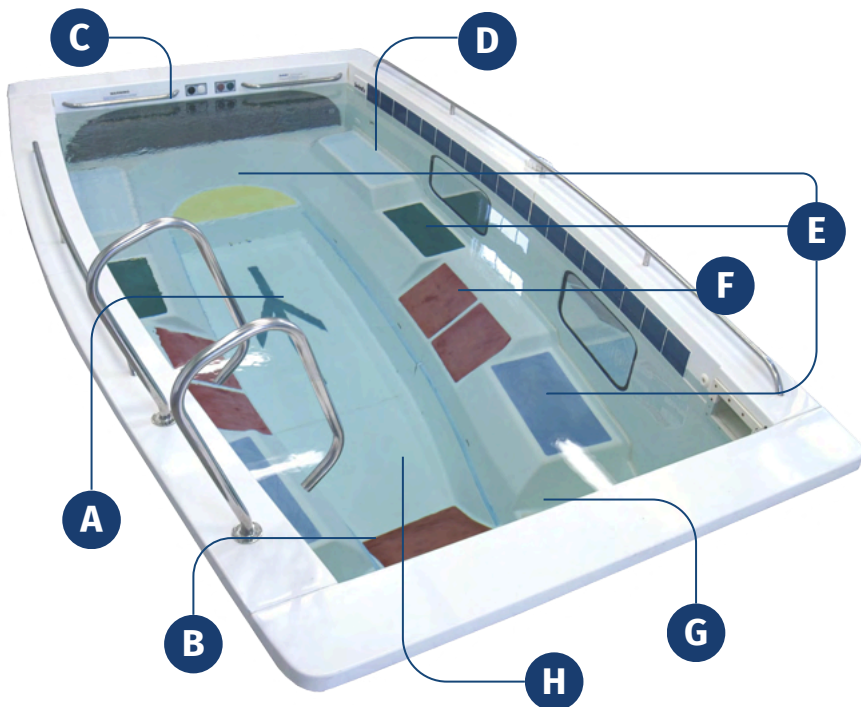
## DRIVE & HEATING OPTIONS

Choose a **natural gas or propane heater** in place of an electric unit.

For **maximum resistance and speed, upgrade to the 7.5 HP drive system** for increased power and higher water speeds.



# Performance Zones



## ZONE A

Deep well adds 12" (.3m) or 24" (.6m) water depth for non-weight bearing activities (optional on some models). Comes with a cover that when installed makes the pool floor all one depth.



## ZONE B

40" angled pad for running form and core stabilization

## ZONE C

Front hand rails for different upper body exercises and traction



## ZONE D

16" (.4m) deep multi-purpose bench for seated open-chain shoulder, knee or ankle exercises

## ZONE E

Various height multi-purpose platforms for step-ups and plyometric activities to meet your client's needs

## ZONE F

Platform angled at 45° for plyometric and proprioceptive training. Also great for balance drills and controlled push-offs to build joint stability.




## ZONE G

A 15" (.38m) high closed-chain exercise area for medium range stepping activities, proprioception exercises, or as a plyometric platform.

## ZONE H

Open floor area for traditional closed-chain exercises and core stabilization

A man with a beard is lying in a yellow sling, which is suspended by a white mechanical arm over a swimming pool. A woman with glasses and a black t-shirt is standing in the pool, holding the sling and assisting the man. The pool has a blue tiled bottom and a white edge. In the background, there are other pool lanes and a building with large windows.

“For athletes and individuals with mobility challenges, hydrotherapy provides a significant boost to their recovery and overall well-being. The SwimEx team was easy to work with and always responsive.”

JAMIE TOUT  
GENERAL MANAGER OF NZCIS



# Plunge Pools



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[swimex.com](http://swimex.com)

1-800-877-7946



# Plunge Pools

SwimEx plunge pools create the ultimate environment for recovery and revitalization. They come in **five standard sizes**, (pre-assembled or in sections for areas with tight access) **or can be custom ordered** to fit specific treatment protocols.

The modular design is ideal for locker rooms or athletic training facilities. Whether you have new construction or are remodeling a facility, SwimEx plunges will exceed your expectations.



## SWIMEX PLUNGE POOL ADVANTAGES

- Solid fiberglass construction with a balsa wood core for temperature retention
- Gelcoat interior for easy maintenance and cleaning.
- Custom tile and color options to match specific colors and logos.
- Pre-plumbed spa jets, a cover, filtration system, and heater or chiller.
- Self-supporting for in-ground, above ground, or semi in-ground installation.
- Five standard sizes or customize your own with custom layouts and/or sizes.
- Main floor drains for easy cleaning and maintenance.



# Sizing Options & Specifications

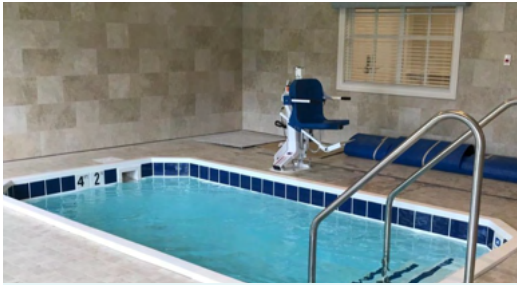
SwimEx fiberglass plunge pools are engineered for superior durability, thermal efficiency, and effortless maintenance. Each model is customized to meet your specific facility needs.



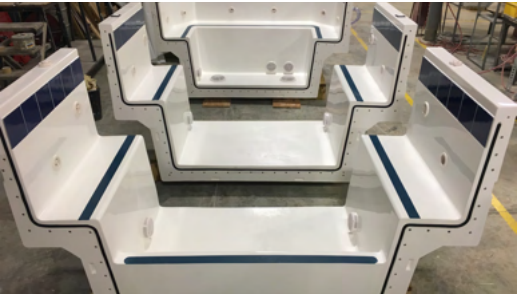
**HOT PLUNGE POOLS**  
**Hot plunge pools boost blood flow and flexibility**, helping to relax muscles and reduce strain during practice for more effective training. The SwimEx heater brings water to 104°F (40°C).



**COLD PLUNGE POOLS**  
**Cold plunge pools control lactic acid build-up to minimize muscle inflammation**, pain, and soreness during post workout recovery. The SwimEx chiller keeps water at a therapeutic 50°F (10°C).

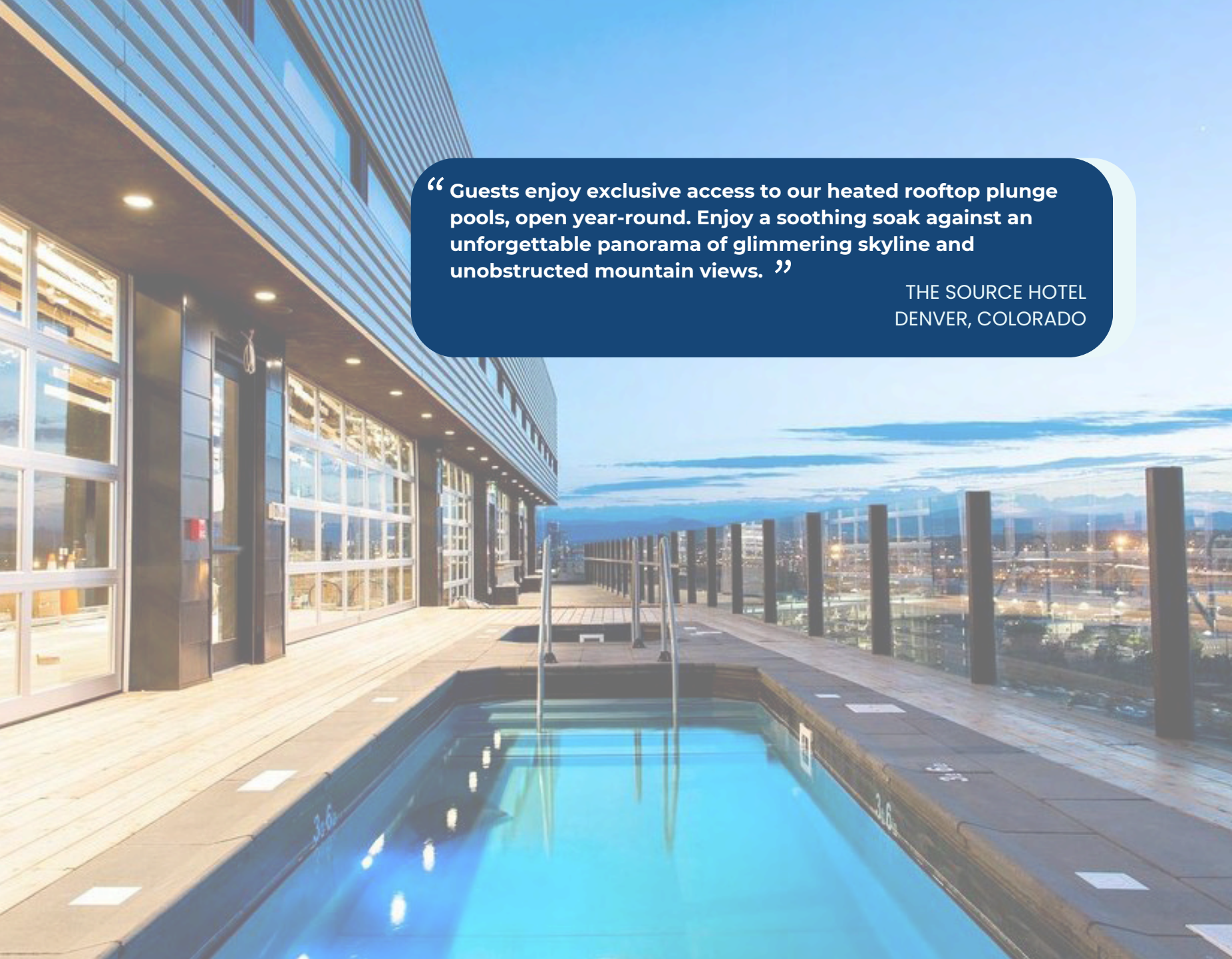


**CUSTOM PLUNGE POOLS**  
Custom plunge pools can be built up to 46' long or 6' deep, with options like stairs, benches, jets, and more. Sectional plunge pools are available for easy access into tight spaces.



## STANDARD SIZES

	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	CUSTOM
DIMENSIONS (L X W X H)	6'6"x4'6"	7'9"x7'9"x56.5"	9'x7'9"x56.5"	12'x7'9"x56.5"	14'x7'9"x56.5"	Up to 46' long
WATER DEPTH	3"or 3'6"	3'6"	3'6"	3'6"	3'6"	Up to 7'

A rooftop plunge pool at The Source Hotel in Denver, Colorado. The pool is rectangular and filled with clear blue water, reflecting the sky. It is surrounded by a wooden deck. To the left is a modern building with large glass windows and doors. To the right is a glass railing with dark vertical posts. In the background, a city skyline is visible under a blue sky with some clouds.

**“Guests enjoy exclusive access to our heated rooftop plunge pools, open year-round. Enjoy a soothing soak against an unforgettable panorama of glimmering skyline and unobstructed mountain views. ”**

THE SOURCE HOTEL  
DENVER, COLORADO





SWIMEX

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